

The Perfect Smile

Bencak

FAMILY DENTAL CENTRE

with Dr. Michael Bencak

Produced to improve your dental health and awareness

Winter 2014/2015



Celebrate! *The Future Is Now*

We are happy to announce that we are moving back to our

original office, 6711 Tecumseh Road East, Windsor, Ontario, N8T 3K7!

I think I speak for everyone on our team when I say that words cannot express our gratitude for your loyalty and patience throughout the traumatic period, following the fire back in 2012.

With your help we really did rise from the ashes and remained the vibrant, progressive, and trustworthy family dental practice that you have helped to make so successful.

Truly, we all love looking after you, care deeply for you and your families, and are happy to be here serving you every day – whatever our location.

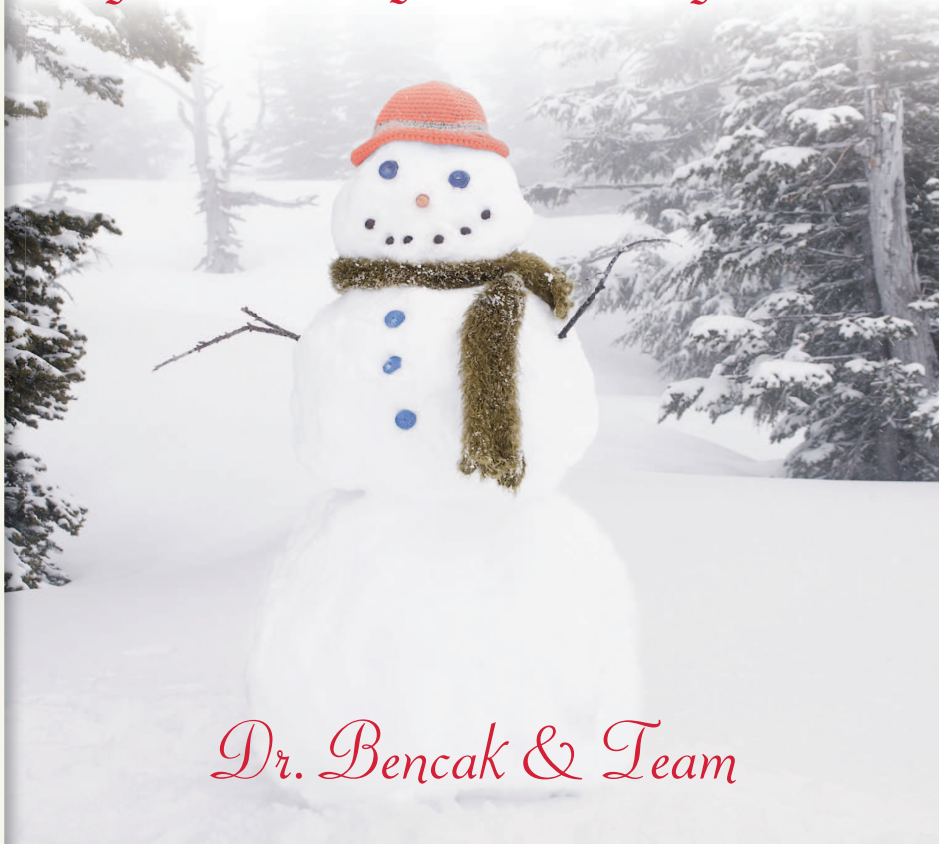
Have a wonderful holiday, everyone!

Yours in good dental health,

Dr. Michael Bencak

from the dentist

Wishing you and your family the very best during this holiday season!



Dr. Bencak & Team

Every Little Bit Helps

Please Join Our Food Drive!

During November and December we will be collecting non-perishable food in support of the Food Drive, which relies on the generosity of our community. We invite you to place your donations in the large box in reception for delivery to the Food Bank in time for the holidays. Thank you!

Guide To Great Teeth

Imagine what we can do for your smile!

What an exciting time this is for your smile! New techniques and materials allow us to repair stained or discoloured teeth, or replace missing or worn teeth with metal-free inlays, crowns, veneers, and bridges.

The examples below are just a few of the many conditions that our new restorative techniques can correct. Imagine what cosmetic dentistry could do for your smile!

Problem: Stained, discoloured, or dull-looking teeth

Solution: If you would just like to brighten up your smile, all you may need is a safe and effective whitening treatment to get rid of stains. We'll suggest either in-office treatment or a customized, at-home system supervised by us.

Problem: Chipped, cracked, or worn teeth

Solution: We can restore your cracked, chipped, or worn teeth with crowns or ultra-thin ceramic veneers. New materials and bonding techniques are cosmetically pleasing, and can strengthen restored teeth.

Problem: Gaps between teeth

Solution: Some gaps can be corrected by using porcelain crowns or veneers. Others may need orthodontics, where braces and other appliances move teeth into their proper position.

Problem: Bite dysfunction or missing teeth

Solution: Crown or bridgework is best for correcting major functional or structural problems involving individual teeth, missing teeth, or general bite dysfunction. We can also replace missing or severely broken teeth with new, natural-looking porcelain and ceramic technology. Dental implants can also be a wonderful solution for missing teeth.



office information

Bencak
FAMILY DENTAL CENTRE

Dr. Michael Bencak
6711 Tecumseh Road East
Windsor, ON N8T 3K7

Office Hours
Monday 12:00 pm – 9:00 pm
Tuesday 8:00 am – 5:00 pm
Wednesday 8:00 am – 5:00 pm
Thursday 8:00 am – 5:00 pm

Contact Information
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Office Staff
Jennifer Office Manager
Theresa Receptionist
Heather, Sheri, Kristen ... Dental Hygienists
Kristen Dental Assistant

Spa-licious Tea Baths

You'll feel delectable

Herbal bath bags are mixtures of aromatic herbs that can benefit your skin, relax you, and soothe aches and pains. Here's a recipe...

- Choose 4-6 favourite herbal tea bags such as soothing lavender, reviving peppermint, comforting chamomile, or restoring lemon verbena.
- Tie in cheesecloth or very fine netting in case of a tear.
- Hang the sachet on your tap, making sure the hot water runs through it until the tub is filled.
- Lay back and let the bag float in the tub with you.

Share this recipe – and this newsletter! – with your friends!

See A Straight Smile In Just 6 Months!

Patients ask us how they can get a straighter smile – discreetly, effectively, and quickly. We suggest *Six Month Smiles*[®].

The process starts with us taking an impression of the patient's teeth. This is sent to the lab, where the appliance is created. The appliance has tooth-coloured braces and wires so they blend in with the patient's natural teeth. Once prepared, we place the appliance and make monthly adjustments.

Six Month Smiles can be an effective treatment for patients with:

- crowding,
- gaps,
- overbites,
- underbites,
- openbites,
- overjet,
- misplaced midline,
- and crossbites.

Call us for a Six Month Smiles consultation. We'd be happy to help.

Information included is not dental or medical advice. For your specific information be sure to consult our office. If you do not wish to receive this newsletter, please contact us directly.



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